



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

Accredited by "International Accreditation Organization (IAO)"

website: www.narayanannursingcollege.com | | e-mail: narayana_nursing@yahoo.co.in



REPORT ON VANAM MANAM PROGRAM-2020

“Theme: ”IMPROVE THE GREEN COVER

Narayana college of nursing NSS unit had decided to participate in vanammanam programme. The theme for vanam manam is to improve green cover by planting 50 saplings in the premises in addition to regular plantations on July 29 to plant saplings in the premises of colleges on this occasion Mrs.Ushakiran and Mrs.kanagalakshmi had initiated to conduct the event. Dr.Indira.S, Principal,, Mrs.Prof.Rajeswari, vice -principal, Prof B.Vanajakumari, vice principal and all the HODs were participated. Twenty Nss volunteers were actively participated and the Students also well motivated to participate in planting saplings in college premises.



A. J.
Principal

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NELLORE - 524 003.

Award: (Higher Education Review Top 10 Nursing College - 2020)

IAO (International Accreditation Organization (2020 - 2025))

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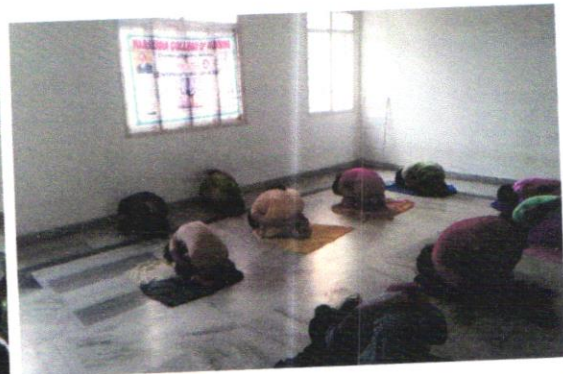
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International Yoga Day on 21st June 2019

Theme : "Yoga for wellness"

With the concept of *yoga is skill in action .the skill is to see how to keep your sprit uplifted*, Narayana college of Nursing NSS unit had celebrated 4th International Yoga Day on 21st June 2019 in the campus. In which NSS volunteers, faculty was participated with much interest and practiced various of Yoga 'asanas' .

The session was around 7 am to 9 am, benefits of yoga was explained to all by the student yoga trainer the yoga asanas were practiced by the students. Students performed all the yoga positions very enthusiastically as explained. Dignitaries gave speech on yoga and its importance to the gathering the programme was organized with 50 students batch of Student volunteers and instructions were given to them to perform the asanas.



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NSS -2018-19

NSS Unit of Narayana College of Nursing in collaboration with department of Community Health Nursing , Nellore celebrated world tuberculosis day on 24th march 2019. The students were attended to the awareness program at lecture gallery, Narayana medical college hospital Nellore. The program started with a prayer song by IV year B.Sc nursing students. reveals the theme of 2019 i.e., unite to end TB. He also explained the preventive and promotive aspects to end tuberculosis. The program ended with vote of thanks and national anthem.



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World Brest Feeding Week Celeration-2019

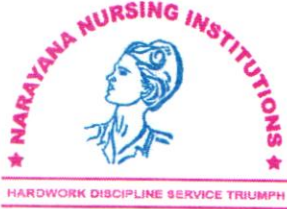


Fig1: Dr.Bhagyalakshmi and team,faculty ,Ms.Ramya, Mrs.Ushakiran,Dr.prasanna, Dr.Anan



Fig2: Ms.Meghana and team of IV Bsc N performed Doll skit show,
 Mrs.Ushakiran,Mrs.Suganya,Ms.Kavitha(Venkatachalam Anganvadi center)





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Pulse Polio immunization Programme Rally-2019



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JAL SHAKTI ABHIYAM-29th JULY 2019

THEME: "WATER CONSERVATION"

With the concept of water is one of the most important substances on earth. All plants and animals most have water to survive. If there was no water there would be no life on earth. Narayana College of Nursing NSS unit had conducted a awareness program on water conservation activities in Dakkillivaripalem on 29/7/2019. In which NSS volunteers and Mrs. Vanajakumari, HOD of Community Health Nursing, Ms. Parandhamaiah, R.O plant supervisor, Dakkillivaripalem people were participated in the program.



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School health programme-2019

Department of Community Health Nursing conducted school health programme at Venkatachalam village on 16.03.19. Mrs. K. Kantha and M.Sc (N0 and B. Sc (N) students were participated in the programme by doing health assessment like checking of Height, weight Mid-arm circumference. Total 28 students were assessed for health problems. Out of 22 children 9 children were male and 13 children were female. Out of 22 children 12 children were with moderate malnutrition and 10 children were with mild malnutrition. Dental carries identified among 3 children and the children were referred to Narayana Dental Hospital. Health Education was given to the children regarding importance of hand washing and personal hygiene.



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COMMUNITY SURVEY -2019

IDakkilivaripalem-Survey from 24/7/19-25/7/19

Dakkilivaripalem is a small village located in ThotapalliGudurmandal of Sri pottiSriramulu Nellore district, Andhra Pradesh. As per constitution of India and panchayat raj act, Dakkilivaripalemvillage is administered by sarpanch who is elected representative of village. We did door to door survey in the village. Through this survey we found the hygienic practices following in community like

- Poor sanitation.
- Not following waste disposal methods.
- Open field deification.
- Open drainage system.
- Lack of knowledge on water storage

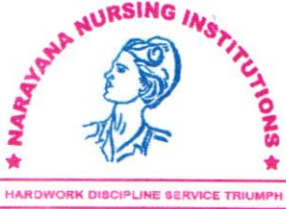
Based on this as we NSS and community health nursing of Narayana college of nursing planed some of the awareness program in the village.



PHOTO GALLERY



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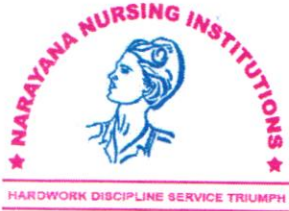
World Tuberculosis day 2019



Volunteers raised the slogans for healthy mouth during the rally to motivate public.



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Department of Community health Nursing organized health education programme on prevention of life style diseases among elderly persons - 2019



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Health Education Programme 2019

Department of Community health Nursing organized health education programme on prevention of cross infection among school children. There are total 34 school children were participated in health education programme. 2019



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REPORT ON FIRE AND SAFETY TRAINING PROGRAM-2019

Narayana College of Nursing under NSS unit conducted fire and safety awareness program on 12th February 2019. Program started at 10 am with prayer song by NSS volunteers. Mr. Manohar, Department of Fire and Safety, Narayana Medical College and Hospital provided fire and safety training to NSS volunteers and non teaching staff, fourth class employees working in Narayana College of Nursing with slide show. The training program includes use of fire extinguishers, type of explosive materials to deal with during fire accidents, personal safety during fire accidents. Program was ended with National anthem and snacks



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Blood Donation Camp- 12 October 2019.

A blood donation camp was organized by NSS Unit, Narayana College of nursing on 12th October 2019. The program was inaugurated by honor able vice chancellor, Dr. P. Shyam Prasad garu. A team of doctors and nurses of Narayana General Hospital came for collection of blood. The event started with the inauguration by Principal. Medical Dean, faculty members, NSS Programme officer and students were present at the occasion.

The activity of blood donation was started by faculty members and students of Narayana College of Nursing & Narayana Medical College & Hospital. There was an overwhelming response from students. A total of 60 units were collected in the camp. Some of the donors who could not donate this time were assured for donation in the next camp. Refreshment was given to each donor as a token of gratitude.



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World suicide prevention Day-10.9.2019

NSS unit Narayana college of Nursing celebrated World Suicide Prevention Day (WSPD) on 10th September, with a theme Working Together to Prevent Suicide in order to provide commitment and action to prevent suicides with various activities and health awareness programs for medical undergraduate, postgraduate students and general public of Nellore. Undergraduate & postgraduate students, NSS volunteers attended a candle walk rally from VRC ground to Gandhi Statue and displayed placards and slogans regarding the importance to increase suicide prevention awareness and their outcomes by NSS programme officer Dr. S. Bhaskar. It was well received and public had expressed their support for this campaign. IEC materials like pamphlets were distributed in the rally which was prepared by our students. HODs & staff of various departments had attended the program along with students and made it a grand success.



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WORLD ALZHEIMERS DAY - 2019

With the concept of Raising awareness and challenging stigma, Department of Mental Health Nursing and NSS unit has organized a screening and awareness programme on 8th World Alzheimer's Day on 21st September 2019 in the Dakkilivaripalem, Nellore. The theme of WorldAlzheimer's Day was "Look at stigma and attitudes to dementia".



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WORLD MENTAL HEALTH DAY - 2019

With the concept of Raising awareness for the psychiatric patients and their relatives in an empathetic way, Department of Mental Health Nursing and NSS unit has organized an awareness programme on World Mental Health Day on 10th October 2019 in the Psychiatric ward, Narayana Medical College Hospital, Nellore. The theme of World Mental Health Day was "Focusing on Suicide prevention". A total of 30 psychiatric patients and their relatives and 20 health care professionals were participated in the programme.



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November 2019- Free vaccination campaign (Hepatitis B)

A free Hepatitis B Vaccination program was organized by NSS Unit, Narayana College of Nursing & NMCH from 15th Nov to 17th Nov, 2019. Principal, Medical Dean, Teaching & Non-Teaching Staff and NSS Program officer attended the program. A total of 503 members got vaccinated which include 74 students from 1st BS.c(N), 82 from 2nd BS.c(N), 62 from 3rd BS.C(N), 54 from 4th BS.c(N) 83. 5 Post Graduates, 28 Teaching and 70 Non-teaching staff.



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1. NSS Activity 2017-18



Fig: IV BSC Students M SC Students rally on pulse polio



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World environment day 2018



Fig 3: IVth year students planted saplings



Fig 4: IIIrd year students planted saplings



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World cancer day 2018

Narayana College of Nursing, Chinthareddypalem, Nellore has conducted a cancer awareness programme on 04/02/2018 conducted by NSS. The programme began with the prayer song by the students and Lamp lighting by the chief guest Dr. Indira .S. principal Narayana College of Nursing and by Anderson lab manager and chair person of Abinava foundations other distinguished guest were participated and 100 NSS volunteers were participated in candle lighting and oath taking on awareness on Cancer .



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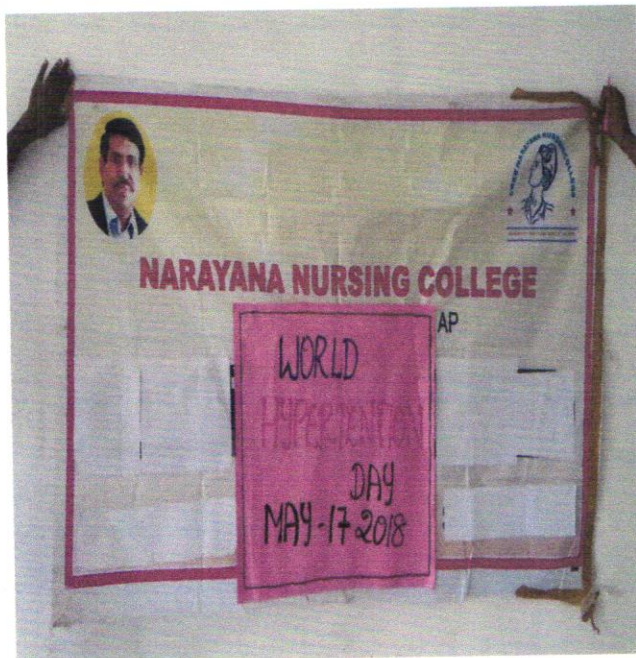
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REPORT ON WORLD HYPERTENTION DAY- 2018

“Theme: ”*know your Numbers*

Every year 17th may is decided to World Hypertention day. The theme for world Hypertension day is know your Numbers with a goal of increasing awareness in population around the word .on this occasion Narayana College of nursing NSS unit had initiated to conductthe event. Dr.Indira.A, Principal, Mrs.Prof.Rajeswari, vice -principal, Prof B.Vanajakumari, vice principal and all the HODs were participated. An awareness Programme and health education was conducted by coordinator of Nss and the Students at Narayana outpatient department. A group health education was given to the public regarding causes, and early detection and life style modification, About 100 people were attended to the health education session in different groups.



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REPORT ON PULSE POLIO PROGRAMME 2018

Narayana College of Nursing Participate In Pulse polio Programme under D.M.H.O. organization at Nellore from 28th to 30th jan 2018. About 100 B.Sc Nursing Students Were Participated and provided oral Polio Drops, for Under Five Years And Children's at different areas at Nellore like Z.P. colony, Athmakur bus stand, railway stations, near temples and churches given OPV to the children's. A rally was conducted from A.B.M. compound to the V.R.C center by the students, during the rally slogans were sang by the students.



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REPORT ON SWATCH BHARATH PROGRAM 2018

Narayana College of nursing under NSS unit conducted in Swatch Bharath program on 7nd July 2018. Narayana College of nursing principal Dr. Indira S initiated the program by making the Swatch Bharath- swatch India oath. NSS volunteers and program officer were participated in Swatch Bharath program. The motto is to maintain cleanliness in college premises. Twenty NSS volunteers were actively participated in cleaning the college premises at evening, students were well motivated to participate in swatchatha .



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REPORT ON WORLD ENVIRONMENT DAY- 2018 "Theme: BEAT PLASTIC POLLUTION"

As India is the global host of 2018 World environment day June 5th 2018 and the government of India has committed to organizing and promoting the world environment day celebrations through a series of engaging activities and events. Narayana College of nursing NSS unit had initiated to celebrate the event. Dr.Indira.A Principal, Mrs.Prof.Rajeswari, vice -principal, Prof B.Vanajakumari, vice principal and all the HODs were participated. A poster presentation was organized by Programme coordinator of Nss on the theme. To show the importance on plastic pollution, Students Presented posters and it was evaluated by the dignitaries and winners were announced.



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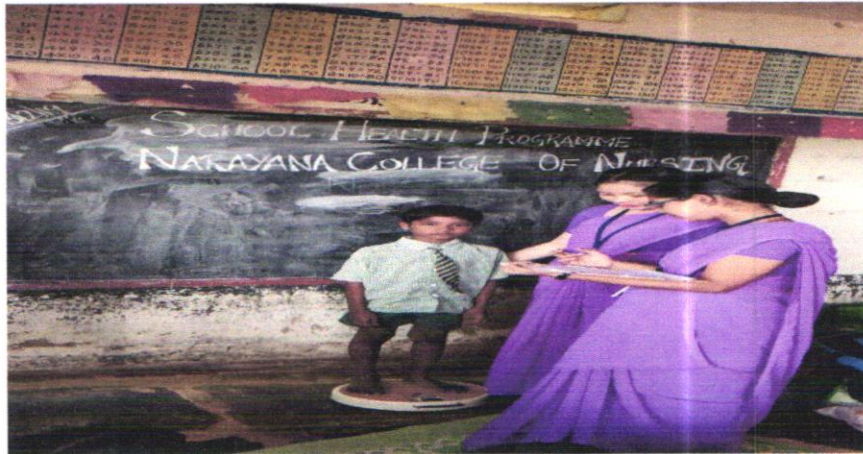
SCHOOL HEALTH PROGRAMME

Department of Community Health Nursing conducted school health programme at Venkatachalam village on 5.03.18.

Mrs. Kantha.K and M.Sc (N) and B. Sc (N) students were participated in the programme by doing health assessment like checking of Height, weight Mid-arm circumference.

Total 22 students were assessed for health problems. Out of 22 children 9 children were male and 13 children were female. Out of 22 children 12 children were with moderate malnutrition and 10 children were with mild malnutrition. Dental carries identified among 3 children and the children were referred to Narayana Dental Hospital.

Health Education was given to the children regarding importance of hand washing and personal hygiene.



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NSS Activities 2016-17

1. SWASTHYA VIDYA VAHINI(SVV) PROGRAMM

1. To provide nutritious food and teach the students about the good habits.
2. To create awareness among the kids and elders about the individual and surrounding cleanliness Narayana College of Nursing II, III, IV YR students are actively participating in SWASTHYA VIDYA VAHINI(SVV) PROGRAMME from January, 2017 on words & activities performed by the students are interacting with the mothers at Anganwadi center and filling the checklist with data related to amenities available in the villages and conducting primary health screening for the students in primary school and giving health educations and uploading the data through online on the same day in SVV portal.



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2. NATIONAL WOMEN'S PARLIAMENT

It is indeed a pleasure to have an opportunity for 5 spirited girl students and 1 faculty from Narayana College of Nursing to participate in National Women's Parliament from Feb 10th - 12th, 2017 at PavithraSangamamGhat, Ibrahimpatanam, Amaravathi, Vijayawada, Andhrapradesh.

Nominated girl students from Narayana college of nursing established connection between women from diverse backgrounds like Politics, Social Sector, Education, Sports, Industry, Media, Cinema, Judiciary, Arts & Culture. It is a huge platform for deliberations, discussions, debates, mentoring and for evolving reciprocal and continuing engagement on all women centric issues and challenges.



National Women's Parliament from Feb 10th - 12th, 2017 at PavithraSangamamGhat, Ibrahimpatanam, Amaravathi, Vijayawada, Andhrapradesh.



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3. World Health Day

Narayana College Of Nursing Conducted World Health Day On 7-4-17 under NSS Unit, Rally Was Held From ABM Compound To V.R.C Ground On Behalf Of World Health Day Celebrations. During The Rally, Slogans Related To Health Such As “Health To All”, “Health Is Our Right” Be Healthy Were Sung By Nursing Students. Prof. Mrs. Dr. Rajeswari vidhyanathan, Msc(N) Phd, Nursing Principal , Narayana College Of Nursing, Was The Chief Guest Of The Programme , Delivered An Enlightening Speech About The Importance Of Healthy Life And Control Of Communicable Diseases.



Fig: NSS team had conducted an rally for World Health Day



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4. World No Tobacco Day

Narayana college of Nursing created awareness on World No Tobacco Day. The function was started with rally and marked by a number of placards in Telugu outlining harmful effects of Tobacco and Oral Cancer under the guidance of NSS programme Officer.

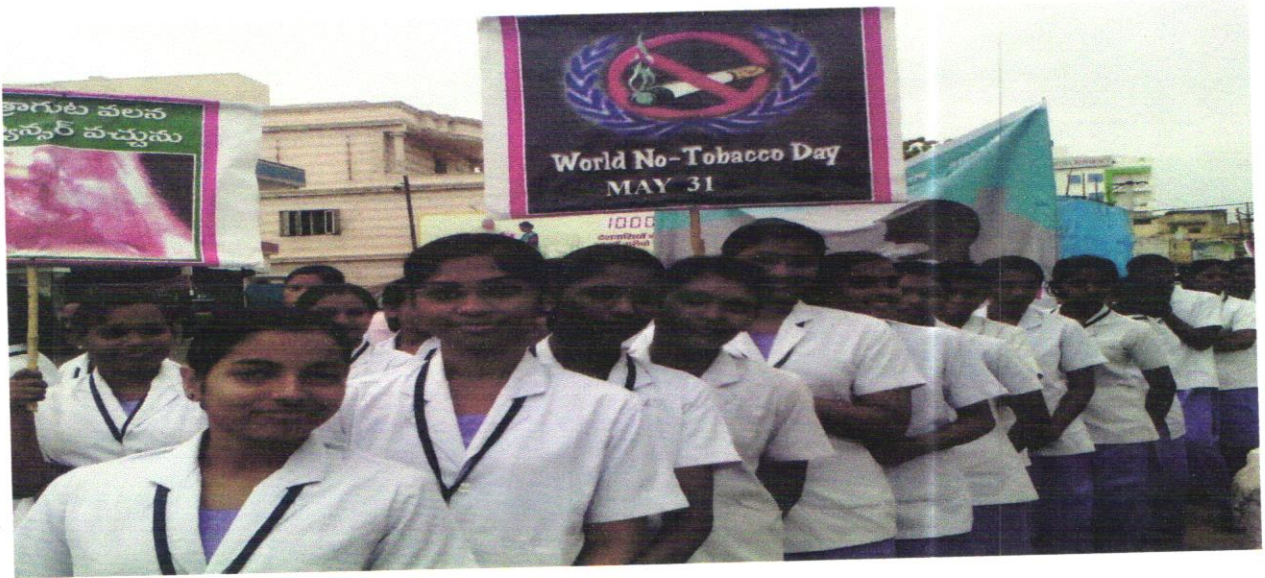


Fig: NSS team had conducted an awareness rally for No Tobacco Day.



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5. Global hand washing day

Theme: "Choose hand washing –choose health". Nursing College of Nursing conducted global hand washing day on 15-10-17. Lecturer has demonstrated hand washing technique. pamphlets prepared on Importance of hand washing and distributed to all people. Students were asked to re demonstrate the hand washing technique



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6. International yoga week 2017



Fig: Narayana College of Nursing yoga week in collaboration with department of yoga, Narayana Naturopathy college.



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8. Breast feeding week celebrations-2017



Fig:-Breast feeding week celebrations-2017



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9. NSS team had conducted an awareness programme on 28 September 2017 rally for river



Fig: Nss team had conducted an awareness programme on 28 September 2017 rally for river



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Health Education Programme -2017

Narayana College of Nursing Nursing Department of Community health Nursing conducted special camp on Problems among school children at Varigonda, Nellore

Mrs B.Vanajakumari, vice principal, Narayana College Of Nursing, explained the causes, signs and symptoms of dental carries Mrs. B.Kavitha Professor emphasized on importance of vitamine A rich diet. B.Sc (N) students gave group health education regarding.



Department of Community health Nursing organized health education programme on antenatal care in anganwadi school at Dakkilivaripalem, Nellore



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Fig: Rural Health center venkata chalam



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Fig: Urban Health Center Sarawathi center.



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